Mental Health Care:
An Essential Part of Primary Care

About The M3 Checklist

LabCorp is now offering the M3 Checklist, empowering providers with an evidence-based assessment that detects symptoms of mental health conditions: depression, anxiety, bipolar disorders and PTSD. Consisting of 27 questions, the patient-engaging web and mobile screening assessment can be easily completed during annual checkups, in the waiting or exam room, or remotely in just three to five minutes. Once the assessment is completed, the M3 Checklist computes and assigns a numeric value, the M3 score, which can be viewed in real time and used to provide clinical support at the point of care. The M3 Score reflects your patients' overall mental health number—the lower the better.

Why M3 Checklist?

- Provides an individualized patient assessment geared towards early detection of comorbid illness
- Identifies people in distress regardless of their diagnosis
- Facilitates longitudinal monitoring and communication among care team members
- Mood and anxiety disorders are the most common psychiatric conditions seen in primary care, yet they remain under-detected and under-treated
- The M3 Checklist was clinically validated in a research study performed at the University of North Carolina, and published in the Annals of Family Medicine.

Mental Health Challenges in the United States

- 40M US adults (18-54) have an anxiety disorder in a given year
- 50% do not receive help
- 35% of patients with a chronic medical condition have a mental illness
- 20% of patients diagnosed with depression are in fact actually suffering from bipolar disorder
- 28% of all hospital readmissions are impacted by mental illness

Sources: NAMI, APA, CMS, Project Red

Reimbursement in Primary Care

- Clinician reimbursement for administration and review via G0443 or CPT 96103 - $26
- Reimbursement for alcohol via G0442 or CPT 99408 - $17

Charge per Use

- M3 for Mental Health via LabCorp - $14
- AUDIT C for alcohol and M3 via LabCorp - $18
- Includes Interoperability with EHR

Find out more at: www.m3information.com